

**Reference for Alex John Simpson (provided by Learning Practitioner and Programme Leader
Callum Johnson)**

Address:

Sunderland College

Bede Campus

Durham Road

Tyne & Wear

SR3, 4AH

How does the lecturer know the student?

Learning Practitioner and Programme Leader knows the student through enrolling onto the Level 3 BTEC Extended Diploma in Sport and Exercise Sciences.

Alex is a pleasant and hardworking student who is a pleasure to teach. Since joining the college in September, Alex has shown enthusiasm, dedication and commitment to the course. Alex's attendance is very good, and this goes hand in hand with Alex's punctuality as he is always on time to lessons. Alex is currently completing a BTEC Level 3 Extended Diploma in Sport and Exercise Sciences. Some of the units Alex is completing include;

- 1. Unit 3: Applied Sport and Exercise Psychology**
- 2. Unit 6: Coaching for Performance and Fitness**
- 3. Unit 11: Sports Massage**
- 4. Unit 4: Applied Research Methods in Sport and Exercise Science**
- 5. Unit 10: Physical Activity for Individual and Group-Based Exercise**
- 6. Unit 2: Functional Anatomy**

Alex has shown excellent commitment to every unit and regardless of interest or passion for the unit he is being taught, Alex has gone above and beyond to submit work on time as well as do work outside of college. Alex is averaging a Distinction for most units and this exemplified in the effort he shows in and out of college.

Alex's future aspirations include Sport Psychologist and a Physiotherapist, and I have no doubt if Alex continues to sustain the skills, knowledge, qualities and behaviours he shows at Sunderland College, then Alex will go on to be a success regardless of the career aspiration he decides to pursue.

Alex is also competing for the Sunderland College in partnership with the Foundation of Light. Alex trains with the Foundation of Light throughout the week and is able to develop his academic and physical abilities hand in hand. Alex can balance his academics studies and summative assessments alongside the enrichment and Foundation of Light football very well. Alex is naturally sporty and seeks to develop his athleticism in a fitness environment away from college.

The reference, Mr Callum Johnson, has known the student since September 2022 and knows the student as a Learning Practitioner and Programme Leader for the course Alex is studying.

Date of reference: 12.05.23

Reference signature: Callum Johnson